## High MPV and downregulation of GLUT1 as COVID-19 bio-markers by Anthony of Boston

Simultaneously lowering the mean platelet volume(MPV) and elevating GLUT1 expression may be the two main tasks associated with fighting COVID-19 and its many variants. I wrote 2 papers; one about how mean platelet volume affects COVID-19 severity

https://www.academia.edu/50765554/

Vitamin E COVID 19 Platelet Information

and another about how GLUT1 expression also plays a role in COVID-19

https://www.academia.edu/50794617/

Vitamin C COVID 19 Notes

I presume based on my research that both high MPV and down-regulated GLUT1 expression may advance the pathogenesis of COVID-19. Similar to those infected with COVID-19, a high MPV level and downregulated GLUT-1 were also found in those with Type 2 Diabetes Mellitus and hyperglycemia. This underscores research that links COVID-19 to higher blood glucose, higher MPV, and downregulation of GLUT1 transporter protein expression.

While altering these factors could subvert the pathogenesis of COVID 19, researchers must be aware that reversal of high MPV and downregulation of GLUT-1 could raise risk factors for cancer and tumor growth. Contrary to COVID-19, Cancers have been linked to lower MPV and upregulation of GLUT-1. This pendulum swing may indicate that as influenza and coronavirus illnesses rise, cancer rates may drop and vice versa. I would hope that researchers look into how raising risk in one area lowers risk in another and how that perspective should become a part of medical nomenclature. Understanding and controlling this pendulum swing may be key in advancing medical research.

## **Bibliography**

Expression of GLUT1 in tumors promotes cancer cell survival <a href="https://cancerres.aacrjournals.org/content/65/9">https://cancerres.aacrjournals.org/content/65/9</a> Supplement/531.4

(significantly higher MPV found in diabetic patients. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3425267/

(Diabetes downregulates GLUT1 expression in the retina and its microvessels but not in the cerebral cortex or its microvessels)

https://pubmed.ncbi.nlm.nih.gov/10866055/

(Mean platelet volume as a possible biomarker of tumor progression in rectal cancer) https://pubmed.ncbi.nlm.nih.gov/27802192/

Vitamin E Platelet information https://www.academia.edu/50765554/ Vitamin E COVID 19 Platelet Information

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